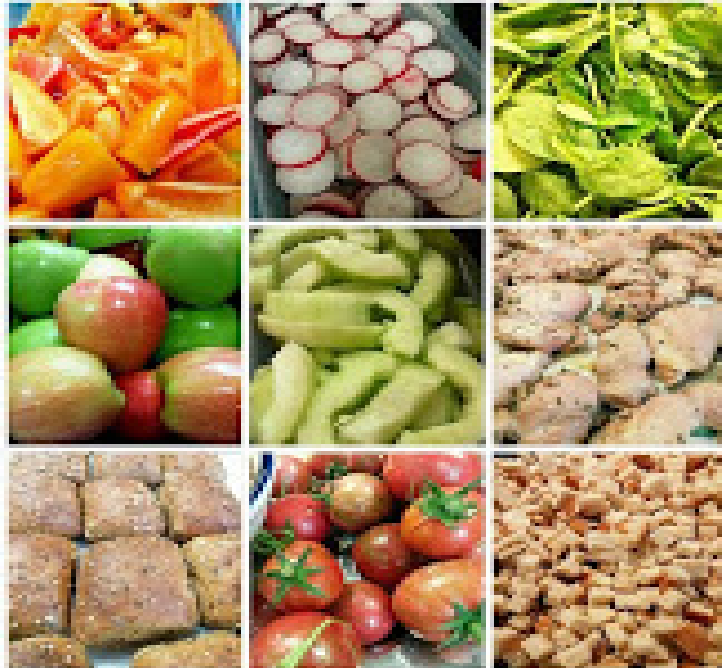


LEWIS & CLARK MONTESSORI CHARTER SCHOOL DAMASCUS FARM TO SCHOOL PROGRAM





- **FRESH, LOCAL & ORGANIC BREAKFAST, LUNCH AND EVENTS**



- **NOURISHING OUR STUDENTS & STAFF WITH SIMPLE GOOD FOOD**
 - Food served via salad bar cart – students choose what they like and design their plate according to their tastes
 - Bi-weekly menu changes quarterly
 - Leave fruit & veggie options open on menu to allow for seasonal use of produce



- **SUPPORTING OUR LOCAL FARMERS**
 - Work with approximately 6 farmers each year
 - Food Service Director manages local community farmers market

MONTESSORI ADOLESCENT CORPS 7TH & 8TH GRADERS

- **FARMING & MICRO-ECONOMY**

- Students plan, plant & harvest veggies & herbs on their own farm
- Shifting to schoolyard model next year
- Donate as much as possible to school food service program



- **Helping Hands for the Hungry**

- Delivered fresh & local foods to food insecure seniors in the Damascus area for 2 seasons
- Serving approximately 40 seniors per season