Health Education
Category 1: Grades K-5/6
Publisher: Harcourt School Publishers
Title: Health & Fitness

1. IDENTIFY STRENGTHS OF PROGRAM MATERIALS
   • The materials are colorful, engaging, and user-friendly.
   • The supplementary technology resources strongly support the instruction.
   • The curriculum strongly supports positive health and behavior changes.
   • Very rich comprehensive guidance for differentiated curriculum and tracking across the subjects.
   • Coordinated school health resources are effectively embedded in each chapter.
1. IDENTIFY STRENGTHS OF PROGRAM MATERIALS
   • Well organized program with abundant instructional materials.
   • The ten (10) life skills match Oregon Standards.
   • The connection to reaching instruction is well done.
   • The technology is user-friendly.
   • Lots of flexibility in making teacher choices for time and sequencing.

2. IDENTIFY WEAKNESSES OF PROGRAM MATERIALS
   • The fitness component is weak.
   • No clear direction for safety and implementation of games.
   • The video and music CD’s do not seem to be engaging.
   • The program is pencil, paper heavy-light on modeling and needs more skill building activities and practices.
Health Education
Category 1: Grades K-5/6
Publisher: The Children’s Health Market
Title: The Great Body Shop

1 IDENTIFY STRENGTHS OF PROGRAM MATERIALS
   • The program includes excellent implementation guides for all school personnel to be involved in implementing the program: the Coordinated School Health Kit.
   • The students can easily identify with the characters used in the instructional program; diversity is a strength.
   • The assessment program offers a variety of task and flexibility for teacher use.
   • The teacher website and, “For Further Reference”, section in the teacher’s guide offers support for teachers.

2 IDENTIFY WEAKNESSES OF PROGRAM MATERIALS
   • Some teachers are going to be uncomfortable with the lack of flexibility in sequencing the program.

3. General Comments
   • It is helpful to see the alignment with the National Health Education Standards at the beginning of each unit.
   • The format makes it easy to keep materials updated and accurate.
Health Education
Category 2, Grades 6-8
Publisher: Glencoe/McGraw-Hill
Title: Teen Health, Course 1, 2, 3

1 IDENTIFY STRENGTHS OF PROGRAM MATERIALS
- Foldable Activities
- Technology support is very strong.
- Connections between personal experiences and learning relationships are strong.
- Student support materials are given to each student.
- Spanish version textbook and Spanish language materials.
- Most pictures in the text book are of positive images.
- Teacher Works Plus
- Student Works Plus
- Exam View Test Generator
- Multimedia Presentations
- Puzzle Maker
- The textbook material is comprehensive.
- There is a plethora of support materials available to teachers.
- The computer generated calendar is a useful teaching tool.

2 IDENTIFY WEAKNESSES OF PROGRAM MATERIALS
- Rubrics wording is awkward.
- Healthy/Human Sexuality curriculum, and lessons need to be updated.
- This curriculum comes with an Abstinence-only module and a birth control supplement that addresses birth control.
- Put all lessons, etc. in multimedia presentations.
- Color Transparencies are in English only.

3 GENERAL COMMENTS
- Additional media videos/DVD’s list that supplement lessons are current.
1 IDENTIFY STRENGTHS OF PROGRAM MATERIALS
   • Current updates are available.
   • Good use of technology for teachers.
   • Variety of lesson plans.
   • Skills based.
   • Interactive and hands-on.
   • Ability to use other level of lessons than middle school.

2 IDENTIFY WEAKNESSES OF PROGRAM MATERIALS
   a. Lacking unit feel. Lessons stand alone.
   b. Search tool not consistent.
   c. Hard time remembering what links you have been to and printed.
   d. Time consuming to navigate website.
   e. No Spanish materials.
   f. Student resources are limited.

3 GENERAL COMMENTS
   a. The scope and sequence needs to be put onto website.
   b. Add national rubric scoring guides.
1. IDENTIFY STRENGTHS OF PROGRAM MATERIALS
   - Test Maker
   - Immediate feedback on tests – online grading.
   - Information available in Spanish.
   - Various ways to access information.
   - Ability to print back lessons.
   - Access lessons from internet.
   - Interactive.
   - Technology.
   - Chapter planning guides.
   - Pacing and compression guidelines.
   - Scope and Sequence 6-12.
   - Lots of resources.
   - Has current information and ability to access it.

2. IDENTIFY WEAKNESSES OF PROGRAM MATERIALS
   - More opportunity to reinforce skills learned.
   - Specific lesson to teach role playing that is appropriate to student learning. Do’s and Don’ts.
   - More performance assessments on demonstrating the skill are needed. Demonstrate activity based skills and have an assessment that goes with each activity.
   - Rubrics
   - Lacks scripted role plays/dialogues for Interpersonal Communication skills
   - Lacking teacher support on role plays

3. GENERAL COMMENTS
   - Make parent letters in editable format.
1. IDENTIFY STRENGTHS OF PROGRAM MATERIALS
   • Performance assessments address the skills and standards and determine what the students will be able to do at the end of the lesson.
   • Lesson activities are engaging.
   • Lesson activities addressed all learning styles.
   • The behavioral outcome research was identified.
   • Scoring guides were thorough and user-friendly.
   • Task planners help the students to organize themselves and be successful.
   • Parent letters are available in five different languages.
   • The student editions are meant to be taken home and shared with family members.

2. IDENTIFY WEAKNESSES OF PROGRAM MATERIALS
   • 7th and 8th grade student editions are not available in Spanish.
   • The teacher materials are in smaller type, which can make it difficult to read and comprehend.
   • For teachers who are not trained as health teachers, they may find the background information to be lacking.
   • There are no posters, DVD’s, or videos to accompany the 7th and 8th grade materials.
   • The scope and sequence is only available in large poster form.

3. GENERAL COMMENTS
   • It is difficult to see the 7th/8th grade units due to the fact that the binder tabs are hidden behind the student editions.
   • An in-depth, comprehensive table of contents placed at the beginning of the binder would be helpful to the teacher.
   • The binder is cumbersome. However, the teacher could divide each unit into its own smaller binder, making the program easier to manage.
• If units were color coded, it may make it easier for the teacher to access all of the information included in the program.
• The company is working on improving their technology. Currently, there is room for improvement in this area.
• It would be helpful to have the scope and sequence printed on a piece of paper that could be included in the binder and easily accessed.
Health Education  
Category 3: Grades 9-12  
Publisher: Glencoe/McGraw-Hill  
Title: Glencoe Health  

1. IDENTIFY STRENGTHS OF PROGRAM MATERIALS
   • A variety of ways to address skills.  
   • Strong focus on skills.  
   • Sexual orientation mentioned.  
   • Definitions, i.e. vegan, veggie, etc.  
   • Thorough representation of sex education materials.  
   • Harmony between our state format and Glencoe’s Test Maker.  
   • Good standards/benchmark correlation.  
   • Full Spanish text.  
   • Book available online and CD  
   • Character education segments  
   • “Hands-On” activities  
   • Leveling of material, i.e. ell, tag, etc.  
   • Model-focus, teach, review  
   • Teacher resources section  
   • Resiliency section  
   • Gender terminology  

2. IDENTIFY WEAKNESSES OF PROGRAM MATERIALS
   • CPR materials out of date.  
   • CPR material not included in updated portion of the website.  
   • HPV also needs to be included.  
   • Discussion of Vicadin and Oxycodine are needed.  
   • Readability of workboods needed.  

3. GENERAL COMMENTS
   • Standard language in student text ties things together.  
   • Large amount of choices allows districts to make decisions as to what will be presented.  
   • Scaffolding  
   • Fitness Zone  
   • The Comprehensive Book is a great resource.  
   • Home School Book  
   • Transparencies are very helpful.
Health Education
Category 3: Grades 9-12
Publisher: Glencoe/McGraw-Hill
Title: Health and Wellness

1. IDENTIFY STRENGTHS OF PROGRAM MATERIALS
   - Evaluating media messages.
   - Unit resources
   - Cross curriculum materials.
   - The thoroughness of your summary, i.e. Oregon Instructional Materials Summary, is very helpful.
   - Short article format of book (magazine style)
   - Health goals for kids per lesson
   - Real life application activities
   - Technology perks
   - Reading essentials booklet and CD (lower level reading tutor)
   - Layout a big plus
   - Best environmental health

2. IDENTIFY WEAKNESSES OF PROGRAM MATERIALS
   - Spanish hardbound book not available.
   - Need more modeling of skills.
   - Include readability in all workbooks.
   - Build up assessment of skills (what you have is fine but need to be more thorough)
   - Support materials need to be stronger.
   - Scaffold student skill building to meet Oregon Standards.

3. GENERAL COMMENTS
   - Skill assessment available was very helpful.
1. IDENTIFY STRENGTHS OF PROGRAM MATERIALS
   • Holt service commitment
   • Complete audio texts (Spanish and English)
   • Excellent Spanish resources
   • Correlation document to Standards/Benchmark
   • Nutrition Game
   • One-Step Planner
   • Review game for each chapter
   • Belief verses reality
   • Behavior change component
   • Alignment to our standards is strong.
   • Link to Healthy People 2010.
   • Strong technology
   • Character education

2. IDENTIFY WEAKNESSES OF PROGRAM MATERIALS
   • Outdated information regarding STD/STI and CPR
   • Sexuality curriculum in a separate document
   • The dialogue in the situational activities is unrealistic.
   • The pictures in the text seem age inappropriate.
   • Workbooks are uninteresting in regard to visual appeal.
   • Need more skill-based activities.
   • Evidence that this curriculum is based on best practice/research.
   • Life skill lessons (in workbook) do not always match topic, e.g. alcohol book discusses food intake/nutrition components and dating scenarios not tied into alcohol.
   • Health careers section should be incorporated into text.
   • Behavior change component not research based.
   • The Meth unit is weak.
   • Sexuality supplement is too brief.
   • Lexile could be lower to invite more readers.
1. IDENTIFY STRENGTHS OF PROGRAM MATERIALS
   - Layout and organization plus technology support.
   - Support plus video
   - Easy to use and connects to life applications
   - Engaging materials plus differential worksheets.
   - Efficient
   - Content is strong and varied.

2. IDENTIFY WEAKNESSES OF PROGRAM MATERIALS
   - Need more modeling behavior examples.
   - More specificity in regard to skills.
   - Behavioral outcome based instruction.
   - Weak in skill-based activities.
   - Book was not translated into Spanish.
   - Human sexuality is a supplement and not a textbook.

3. GENERAL COMMENTS
   - Presenter was top notch.
1. IDENTIFY STRENGTHS OF PROGRAM MATERIALS
   - Readily usable teaching tools for individualized lessons and assessments. These are embedded in the website and CD ROM as well as text and teacher’s guide.
   - Scientifically correct
   - Very creative and unique illustrations
   - Web references readily available
   - Visually appealing and user friendly – color coded
   - Biomechanical principles & practical applications are relevant
   - Well organized
   - Ability to modify documents and reproducible

2. IDENTIFY WEAKNESSES OF PROGRAM MATERIALS
   - Modifications for variety of learning abilities, for ELL concerns (IEP, TAG) are lacking
   - Very little direct information on careers/occupations
   - Not all students will have access to a personal computer for enrichment activities
   - Sport specific strategies/rules are not addressed
   - Modifications for variety of learning abilities, for ELL concerns (IEP, TAG) are lacking
   - Need access to a computer and printer
   - Table of Contents missing Unit I, II, III

3. GENERAL COMMENTS
   - FitnessGram, Activity Modifications for variety of learning abilities, for ELL concerns (IEP, TAG) are lacking FitnessGram, and Physical Best must be purchased separately
   - Need access to a computer and printer
   - Table of Contents missing Unit I, II, III
   - Great launching point for a well-balanced content standards based physical education program
   - Nice addition with the “Ask the Author”
1. IDENTIFY STRENGTHS OF PROGRAM MATERIALS
   - An abundance of quality teacher resources
   - Supplemental student resources
   - All materials available in Spanish
   - Student appeal
   - Teacher appeal
   - Site license is unrestricted
   - On-line materials are quality and plentiful in English and Spanish
   - Materials can be generated for multi-level abilities and needs, including assessments

2. IDENTIFY WEAKNESSES OF PROGRAM MATERIAL
   - Needs more samples of biomechanical analysis
   - Needs more samples of sports skills, rules, and strategies
   - Durability of pages

3. GENERAL COMMENTS
   - Active Mind/Active Body components promote “wholeness” of the student
   - An all encompassing program
1. IDENTIFY STRENGTHS OF PROGRAM MATERIALS
   • The depth and scope of materials and activities are challenging, interesting and relevant to students today.
   • This program effectively moves students toward personal responsibility and self motivation for personal fitness.
   • Accommodation for individual abilities is made in each chapter.
   • PDF text in Spanish
   • Emphasis on integrated curriculum
   • Wonderful teacher material package-Wraparound is great as well as hard copy of CD materials
   • “On-line Study Guide” is a great resource for absent or injured students
   • Design of textbook is appealing to students
   • The DVD materials enhance lessons

2. IDENTIFY WEAKNESSES OF PROGRAM MATERIALS
   • Motor and sports performance assessments/rubrics need enhancement
   • Motor and sports skill supplements will be necessary
   • Written assessments need to be provided in Spanish
   • More career related information needed

3. GENERAL COMMENTS
   • Excellent launching pad
   • Online study guide assignments can be e-mailed to teachers.
1. IDENTIFY STRENGTHS OF PROGRAM MATERIALS
   - Includes great tips for teachers, especially beginning teachers.
   - Ethnic food pyramids
   - Interactive chapter reviews on student CD in English/Spanish.
   - The chapter review “critical thinking” allows students to personalize concepts learned in chapter.
   - Student CD site licensed for unlimited copies
   - Student questionnaire designed for teacher to individualize instruction
   - Many Spanish language assessment tools
   - Designed to work as classroom set of textbooks with CDs created for each student

2. IDENTIFY WEAKNESSES OF PROGRAM MATERIALS
   - Test bank does not have Spanish language; chapter summaries do
   - No audio of text
   - No script for video
   - Some photos of dated clothing

3. GENERAL COMMENTS
   - Weight loss planner great addition on teacher CD
   - Photos in text are disproportional, approximately 60% males to 40% females; roles are occasionally stereotypical
1. IDENTIFY STRENGTHS OF PROGRAM MATERIALS
   • Individualized fitness development and allows students to analyze, respond and relate to their personal fitness and skill levels
   • Continual reinforcement for the individual to focus on themselves for goal setting; a lot of personal acceptance
   • Teachers resources are very good, i.e., color transparencies, DVD, CD

2. IDENTIFY WEAKNESSES OF PROGRAM MATERIAL
   • Does not provide sufficient treatment and concepts as outlined in the State of Oregon textbook adoption criteria and PE Content Standards ELL adaptation
   • Open/closed caption adaptation
   • Occupation and career related information
   • Sports strategies, supplemental materials, assessment tools and motor skill
   • Biomechanical principles

3. GENERAL COMMENTS
   • Great resources for classroom set up, design, discussion ideas and how to incorporate the book into a physical education class
   • Flexible enough to be used in Middle School; keeping in mind Lexile score is 1160.